

bbq chicken

prep: 10m

serves: 4-8

slow cooker: 4-8h

ingredients:

1 lb chicken breast
1 cup barbecue sauce of choice
2 tbsp red wine vinegar or juice from
pickled jalapenos
2 tsp garlic powder
2 tbsp dried onion
1 tsp black pepper
1 tsp salt
sandwich buns
cheese as desired

notes:

- ✓ potluck friendly
- ✓ also works as taco filling

instructions:

- use whole chicken breast or pre-shredded
- add all ingredients to slow cooker, mix well
- cook 4h high to 8h low
- if using whole breast shred with two forks and mix round the half-way point
- serve as sandwiches, topped with cheese

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