

winter veggie soup

prep: 20m

serves: 6-8

slow cooker: 6-8h

vegan friendly

ingredients:

Photo
Coming
Soon

2 tbsp oil

seasonal veggies (examples):

1-2 cups each, diced

onion celery potatoes

carrots zucchini tomatoes

3/4 cup red lentils

2 bay leaves

2 tsp thyme

4 cups chicken broth

salt & pepper to taste

2-3 cups sliced cabbage

parmesan cheese

instructions:

- combine oil, onion, celery, saute until softened
- add all but cabbage to slow cooker, cook high 4-6 hours or low 8-10 hours
- 1-2 hours before serving, discard bay leaves and add cabbage, salt, pepper
- serve with a drizzle of olive oil, topped with parmesan cheese

notes:

- ✓ vegan friendly
- ✓ freezer friendly
- ✓ potluck friendly

