

zuppa toscana

prep: 20m
slow cooker: 4-8h

serves: 6-10

ingredients:

1 lb spicy sausage
1-3 tbsp minced garlic
1 onion, chopped
4 large potatoes, chopped
salt & pepper to taste
4 cups chicken broth
water as needed
1 bunch kale
3/4 cup heavy whipping cream
1/4 cup parmesan cheese

notes:

✓ freezer friendly
✓ potluck friendly

instructions:

- slice sausage into bite sized chunks, chop veggies
- saute sausage, onions, garlic until sausage is browned and onions are soft
- add all but kale, cream, and cheese to slow cooker, using enough water to just cover, stir
- cook high 3-4 hours or low 5-6 hours
- set aside freezing portions now
- 30 minutes before serving, add kale and cream, stir
- serve topped with parmesan cheese

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