

apricot chicken

prep: 15m
slow cooker: 3-8h

serves: 6-10

ingredients:

Photo
Coming
Soon

1 tbsp olive oil
2 lbs chicken breast
1/2 tsp salt
1/2 tsp black pepper
1 cup chicken broth
zest and juice of 1 lemon
3 tbsp dijon mustard
4-6 tsp minced garlic
1 tsp thyme
1 sliced onion
1 cup halved dried or fresh apricots
cooked rice or couscous

instructions:

- chicken can be cubed to start, or shredded when cooked through
- add all but rice/couscous to slow cooker and toss to mix
- cook high 3-4 hours or low 6-8 hours
- serve generously saucy over rice or COUSCOUS

notes:

✓ freezer friendly

