

ground beef rescue

prep: 5m
stove top: 20m

serves: 4-6

ingredients:

1 lb ground beef
1 onion, chopped
1 tsp paprika
1 tsp parsley
1 tsp garlic powder
1/2 tsp cayenne powder
salt & pepper to taste
1 1/2 cups milk
1 1/2 cups beef broth
2 cups uncooked pasta
1 can (8 oz) tomato sauce
2 cups shredded cheddar

notes:

- ✓ kid friendly
- ✓ one-pot simple

instructions:

- in a large skillet, med heat:
- cook beef, onion, paprika, parsley, garlic powder, cayenne, salt and pepper until meat is browned
- stir in milk, broth, pasta, tomato sauce, bring to a boil
- reduce heat, simmer for 10-12 minutes until pasta is tender
- stir in cheese until melted
- serve hot

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