

sausage & veggies

prep: 5m
stove top: 15m

serves: 4-6

ingredients:

2 tbsp butter
1 bell pepper sliced thin
1 onion, sliced thin
3 tsp minced garlic
1 tbsp italian seasoning
salt & pepper to taste
1 lb kielbasa or other sausage
additional veggies as desired

notes:

✓ quick pick
✓ potluck friendly

instructions:

- slice veggies
- cut sausage into bite-size pieces
- in a large skillet melt butter
- saute sausage with veggies and seasonings to taste until veggies are softened
- serve over cooked rice

news:

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