

meatballs

prep: 10-30m

ingredients:

ingredients as needed

notes:

- ✓ quick pick
- ✓ freezer friendly
- ✓ very flexible

instructions:

- this is a tip, rather than a specific recipe
- meatballs are terrific to make in batches and freeze
- plenty of recipes available, try several, pick favorites
- Italian, Swedish, Mexican, Turkish
- use any ground meat

news:

mxup.menu volume 1 is now available! Scan this code to visit our homepage!

