

spaghetti sauce

prep: 15m

serves: 8-10

slow cooker: 8-10h

freezer friendly

ingredients:

- 1 lb ground beef
- 1 chopped onion
- 2 (14oz) cans diced tomatoes
- 2 (6 oz) cans tomato paste
- 2 (8 oz) cans tomato sauce
- 2 bay leaves
- 8 tsp garlic
- 4 tsp dried oregano
- 1 1/2 tsp salt
- 4 tsp basil
- 1 tsp thyme
- 3 tbsp molasses

notes:

- ✓ freezer friendly

instructions:

- brown meat and onion
- combine all ingredients in crock pot
- cover and cook on low 8-10 hours
- serve over cooked pasta

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