

tomato basil chicken

prep: 15m
slow cooker: 4-6h

serves: 6-10

ingredients:

1 tbsp olive oil
3 lbs skinless chicken fillets
1 tsp salt
1 tsp pepper
2-4 tsp garlic
3/4 cup balsamic vinegar
2 cups grape tomatoes
1/4 cup basil leaves
balsamic reduction (optional)

notes:

✓ potluck friendly
✓ spice to taste

instructions:

- coat bottom of slow cooker with oil, add all but basil
- cover and cook low 4-6 hours
- shred chicken with two forks at least 1hr before serving
- add basil and gently toss to mix
- serve over pasta, polenta, or rice
- add balsamic reduction if desired

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